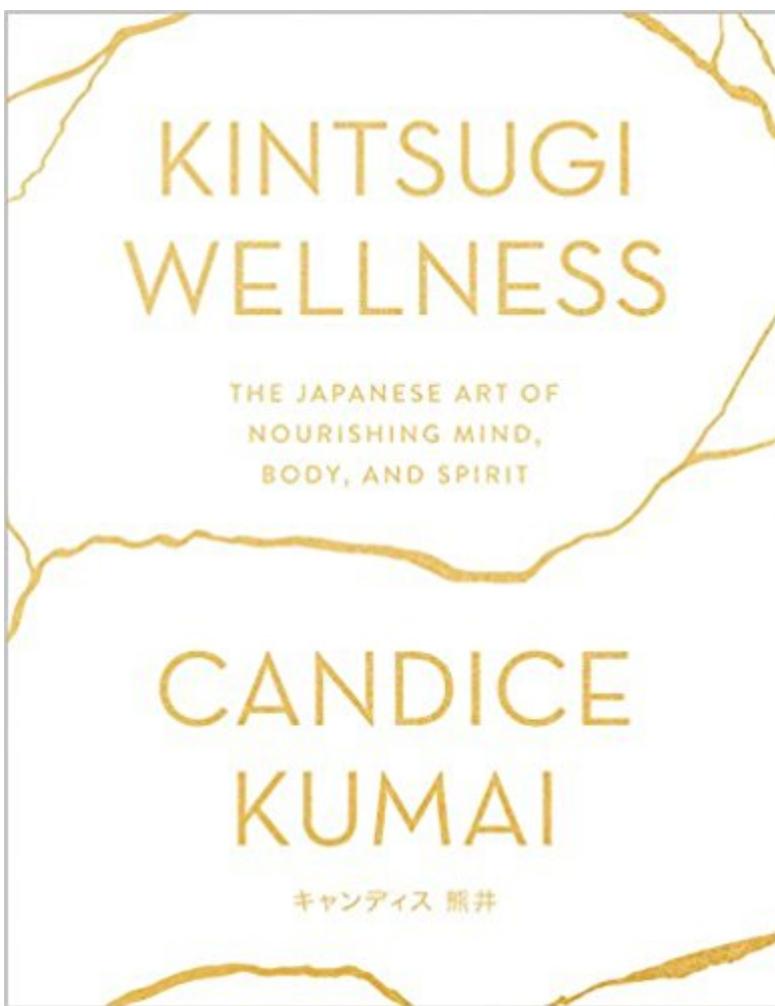


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# Kintsugi Wellness: The Japanese Art Of Nourishing Mind, Body, And Soul



## Book Information

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## Customer Reviews

Candice Kumai is a classically trained chef and author of Clean Green Drinks, Pretty Delicious, and Cook Yourself Thin. She is a regular contributor on E! News and The Dr. Oz Show, and has appeared as a regular judge on Iron Chef America and Beat Bobby Flay. She contributes to food and lifestyle publications such as Cosmopolitan, Shape, Men's Health, and Prevention, and volunteers at dozens of charitable organizations. She lives in New York City

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